

# SACRAMENTO SUPERIOR COURT ANGER MANAGEMENT SERVICES

**March 9, 2015**

**Please Note: Batterer's Treatment Programs (BTP) are certified by the County Probation Department and are not included on this list. Please contact Probation directly to obtain a current list of certified BTP providers.**

NAME	SERVICES	FEES
<p>Accredited Counseling 2715 K Street, Suite C Sacramento, CA 95816 (916) 425-2495 Fax (916) 736-2274 Contact: Gretjen Anderson, CAADAC II</p> <p>Email: <a href="mailto:gretjen@accreditedcounseling.net">gretjen@accreditedcounseling.net</a> Web: <a href="http://www.accreditedcounseling.net">www.accreditedcounseling.net</a></p>	<p>Individual &amp; group classes 12 weeks, couples 12 weeks or as needed.</p>	<p>Individual: \$40 hr./session Group: \$25 hr./session Couple: \$50 hr./session</p>
<p>Affordable Counseling and Educational Services 310 Sunset Blvd, Suite 6-C Rocklin, CA 95677 (916) 630-9188 Email: <a href="mailto:rmontague@affordablecounseling.net">rmontague@affordablecounseling.net</a> Contact: Robert S. Montague</p> <p>Location in Roseville, Sacramento, Rancho Cordova, Lincoln &amp; Rocklin. Call to obtain address.</p>	<p>12, 26, 52 week Anger Management Group, Family Violence Education, and Individual Counseling Spanish speaking staff available.</p>	<p>Individual: \$20 - \$45 per week Group: \$20 - \$45 per week</p>
<p>AiMED Anger Management Education 2715 K Street, Suite C Sacramento, CA 95816 Office: (916) 248-6728 Fax: (916) 681-9014 Email: <a href="mailto:ac.edu@live.com">ac.edu@live.com</a> Contact: Myrna C. Brady Web: <a href="http://www.aimedanger.com">www.aimedanger.com</a></p>	<p>Anger management classes for adults, couples, teens, with emphasis in building relationships and life-giving skills. Fast track program to complete sooner as many as needed.</p>	<p>Free initial class upon enrolling. Discount available.</p> <p>Individual: \$60 Group: \$60 Sliding scale</p> <p>Veterans welcome. Available in Spanish. Open Saturdays.</p> <p>Private pay, Dept. of</p>

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NAME	SERVICES	FEES
		Rehab, HR
<p>The Anger Medium 7000 South Franklin Blvd, #820 Sacramento, CA 95823 Contact: Otis Bailey Phone (916) 878-6511 Email: <a href="mailto:angermedium@gmail.com">angermedium@gmail.com</a> <a href="http://www.angermedium.com">www.angermedium.com</a></p> <p>Locations: 1420 E. Roseville Parkway Suite 516 Roseville, CA 95661</p> <p>1784 Tribute Road Sacramento, CA</p>	<p>Train people to handle their anger in a non-violent manner. Our primary service is with adults. We work to build the family unit.</p>	<p>Individual classes – 12 &amp; 26 weeks - \$30 - \$45 sliding scale</p> <p>Group classes – 12m 26m &amp; 52 weeks - \$15 - \$45, sliding scale.</p>
<p>ARCH Family Services 6000 Lemon Hill Avenue Sacramento, CA 95824 (916) 554-8270 Contact: Chanton Sitandon Email: <a href="mailto:archfamilyservices@gmail.com">archfamilyservices@gmail.com</a> Web: <a href="http://www.archfamily.org">www.archfamily.org</a></p>	<p>6-12 weeks anger management classes. Services offered in English, Chinese, Hmong &amp; Vietnamese.</p>	<p>Individual: \$20 - \$55 Group: \$20 - \$55 Sliding scale</p>
<p>Asian Pacific Community Counseling 7273 14<sup>th</sup> Avenue, Suite 120B Sacramento, CA 95820 Office: (916) 383-6784 Email: <a href="mailto:schow@apccounseling.org">schow@apccounseling.org</a> Web: <a href="http://www.apccounseling.org">www.apccounseling.org</a> Contact: Sue Chow</p>	<p>Individual and group classes, 12, 16, 26, 52 week. Anger management skills, education and counseling for adults and youth. (Cantonese, Vietnamese, and English)</p>	<p>Individual: \$50/hr Group: \$40/hr Specialize in the Asian and Pacific Islander communities. Hours: Monday – Thursday 8:00 a.m. – 6:00 p.m. Friday – 8:00 a.m. –</p>

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NAME	SERVICES	FEES
Better Decision Counseling 10366 Rockingham Road Sacramento, CA 95827 Office: (916) 368-0700 Fax or Cell: (916) 368-0800 Contact: Janina Guarino, CEO Email: <a href="mailto:betterdecisions724@gmail.com">betterdecisions724@gmail.com</a> Web: <a href="http://www.betterdecisionsinc.org">http://www.betterdecisionsinc.org</a>	Anger management classes	5:00 p.m. Individual: \$27 - \$50 Accepts Pacific Care, Cigma, Compcare, private pay
Breaking Through Anger 2616-West Pintail Way Elk Grove, CA 95757 (916) 479-5316 Contact: Valerie Andrews, Director, CAMS-1 Email: <a href="mailto:breakingthroughanger@gmail.com">breakingthroughanger@gmail.com</a>  Service location: 1390 Florin Road Sacramento, CA	Individual classes 12 & 26 weeks Group classes 12, 26, 52 weeks	Individual: \$35 per session Group: \$30 per session
Lynette Browning-Love, MFT 2740 Fulton Avenue, Suite 100B Sacramento, CA 95821 (916) 612-8424 Fax: (916) 481-2230 Email: <a href="mailto:lblovetherapy@gmail.com">lblovetherapy@gmail.com</a>	Anger management classes, individual 10 weeks, group 12 weeks	Individual: \$1000 Group: \$750
California WrapAround 2251 Florin Road, Suite 136 Sacramento, Ca 95822 Office: (916) 428-0400 Fax: (916) 706-0445 Contact: Dr. Lenore Tate	Anger management classes 12 – 52 weeks	\$80/week Insurance accepted/ sliding scale

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<p>Email: <a href="mailto:cawparound@comcast.net">cawparound@comcast.net</a></p> <p>Other Location: 920 Del Paso Blvd Sacramento, CA 95815</p> <p>2377 Gold Meadow Way, Suite 100 Rancho Cordova, CA 95670</p>		
<p>Capitol Anger Management 7509 Madison Ave. Building D, Suite 207 Citrus Heights, CA 95610 (916) 284-6456 Email: <a href="mailto:terrygilbert@capitalangermgt.com">terrygilbert@capitalangermgt.com</a> Website: <a href="http://www.capitolangermgt.com">www.capitolangermgt.com</a> Contact: Terry Gilbert</p> <p>Other Location: 9727 Elk Grove Florin Road, Suite 215 Elk Grove, CA 95624</p>	<p>Anger Management Classes. Individual 1 – 26 weeks, group 4- 52 weeks</p>	<p>Sliding fee schedule Individual: \$50 Group \$10 - \$30</p>
<p>Center for Fathers and Families 920 Del Paso Blvd Sacramento, CA 95815 (916) 568-3237, x210 Fax: (916) 568-3232 Contact: Terry Moore Email: <a href="mailto:terry@fathersandfamilies.com">terry@fathersandfamilies.com</a> Web: <a href="http://www.fathersandfamilies.com">www.fathersandfamilies.com</a></p>	<p>12 weeks individual and group classes</p>	<p>\$25/session</p>
<p>Change of PACE 2559 Lexington Street Sacramento, CA 95815 (916) 803-4294 Contact: Floyd J. Sanders, Owner/CEO</p>	<p>Anger management classes individual and group 12 or 52 weeks</p>	<p>Individual: \$10/per person Group: \$10/per class</p>

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NAME	SERVICES	FEES
Email: <a href="mailto:info@changeofpaceservices.com">info@changeofpaceservices.com</a> Web: <a href="http://www.changeofpaceservices.com">www.changeofpaceservices.com</a>  Other Location: 2459 Rio Linda Blvd Sacramento, CA 95815		
Changing Courses P.O. Box 1713 Carmichael, CA 95609 Office: (916) 332-5056 Fax: (916) 332-5064 Email: <a href="mailto:changing_courses31@gmail.com">changing_courses31@gmail.com</a> Contact: Claudia Dias  Location: 3355 Myrtle Avenue Ste. 265 North Highlands, CA 95660	12 week class 52 week class	Individual: 12 weeks - \$65 to \$110 Group: 52 weeks – from \$15 - \$45
A Comforting Source 1200 Fulton Avenue, #225 Sacramento, CA 95825 (916) 205-1673 Contact: Debora Soukup, MA Email: <a href="mailto:debsdragon@att.net">debsdragon@att.net</a>  Service location: 3071 Fulton Avenue Sacramento, CA 95821	Anger Management classes any length	Individual: \$35 Group: \$35
Changing Passage, Inc. 12401 Folsom Blvd, #304 Rancho Cordova, CA 95742 (916) 985-4887 Contact: Terry Adams Email: <a href="mailto:tadams@changingpassage.com">tadams@changingpassage.com</a>	Anger Management, 12 weeks. Skills. Spanish/Russian speaking.	Individual: \$400 Group: \$200

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Web: <a href="http://www.changingpassage.com">www.changingpassage.com</a>		
<p>Cornerstone Recovery Inc. 8359 Elk Grove Blvd, #103 Sacramento, CA 95829 Office: (916) 236-4545 Email: <a href="mailto:cornerstonerecoveryinc@yahoo.com">cornerstonerecoveryinc@yahoo.com</a> Web: <a href="http://www.cornerstonerecoveryinc.net">http://www.cornerstonerecoveryinc.net</a></p> <p>Contact: Ted Brown</p> <p>Other Locations:</p> <p>Oak Park Community Center 3425 Martin Luther King Blvd Sacramento, CA 95820</p> <p>Valley Hi Library 7400 Imagination Parkway Sacramento, CA 95823</p> <p>3331 Power Inn Road Sacramento, CA 95826</p>	Anger management classes, domestic violence classes, 12 weeks+	Individual: \$25 Group: \$25
<p>Donell M. Curry, C.A.M.F 3109 La Medera Way Antelope, CA 95043 (916) 968-7197 Fax (916) 968-7197 Email: <a href="mailto:worksthroughfaith@gmail.com">worksthroughfaith@gmail.com</a></p> <p>Multiple locations throughout Placer County</p>	Anger management classes 12/52 weeks	Individual: \$50/hr Group: \$20/session

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<p>The Cutting Edge Journey 3105 1<sup>st</sup> Avenue, Suite B Sacramento, CA 95817 (916) 868-8656 Email: <a href="mailto:thecuttingedgejourney.3105@gmail.com">thecuttingedgejourney.3105@gmail.com</a> Contact: Alisa D. Nelson, MSW</p>	<p>12, 26 &amp; 52 weeks anger management classes</p>	<p>Individual: \$45 Group: \$25</p>
<p>Evergreen Counseling 3419 Arden Way, Unit C Sacramento, CA 95825 (916) 487-0657 (916) 487-0325 fax Email: <a href="mailto:scbmfc@gmail.com">scbmfc@gmail.com</a> Web: <a href="http://www.stevenbanksmadmyway.com">www.stevenbanksmadmyway.com</a> Contact: Steven C. Banks</p>	<p>Individual and group classes, 12 – 52 weeks</p>	<p>Individual: \$80/hr. Groups: \$10 - \$45 per Group (sliding scale)</p>
<p>Mary Guzik, LCSW 5050 Sunrise Blvd, #C-5 Fair Oaks, CA 95628 (916) 622-1554 Email: <a href="mailto:letstalk@counselingabcs.com">letstalk@counselingabcs.com</a> Website: <a href="http://www.counselingabcs.com">www.counselingabcs.com</a></p>	<p>Anger management 12 – 16 weeks.</p>	<p>Individual: \$50 - \$100 sliding scale</p>
<p>Healing Pathways Psychological Svcs 2710 "X" Street Sacramento, CA 95818 (916) 595-7233 Fax (916) 595-4093 Email: <a href="mailto:lkashersky@live.com">lkashersky@live.com</a> Website: <a href="http://www.sacramentocounseling.net">www.sacramentocounseling.net</a> Contact: Dr. Leona Kashersky</p>	<p>Anger management, assessment needed</p>	<p>Individual: \$145/hr</p>

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<p>Holt Counseling Center 1213 W. Locheford Street Lodi, CA 95240 (209) 366-2273 Cell: (209) 401-0136 Fax: (209) 366-2974 Email: <a href="mailto:bonbird9@gmail.com">bonbird9@gmail.com</a> Contact: Bonnie L. Tweek, Director</p> <p>Other Location: 211 E. March Lane, #1 Stockton, CA 95207</p>	<p>Group classes 16 weeks</p>	<p>\$35 Accepts Anthem Blue Cross, Blue Cross Blue Shield, Victim of Crime, GEHA and other PPO's</p>
<p>The Infinite Life Prospect P.O. Box 2758 Elk Grove, CA 95759 (916) 544-0502 Contact: Carmen Crenshaw, RASI Email: <a href="mailto:Carmen@theinfinitelifeproject.com">Carmen@theinfinitelifeproject.com</a> Web: <a href="http://www.theinfinitelifeproject.com">www.theinfinitelifeproject.com</a></p> <p>Service location: 9008 Elk Grove, Blvd, #23 Elk Grove, CA 95624</p>	<p>6 – 52 week anger management classes. Certified Anger Management Facilitator</p>	<p>Intake fee: \$180 Individual: \$80/session Group: \$65/session/ max 7</p> <p>Accepts Cigna, MHN, Ann Clark Associates, Out of Network</p>
<p>Nuria Levin 3102 "O" Street, Suite 3 Sacramento, CA 95816 (916) 591-8877 Email: <a href="mailto:nurialevin.therapy@gmail.com">nurialevin.therapy@gmail.com</a></p> <p>Other location: 1380 Lead Hill Blvd, suite 110 Roseville, CA 95661</p>	<p>Classes 6 – 12 weeks</p>	<p>Individual: \$40 - \$90</p>

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<p>Mental Health America of N. CA 1908 "O" Street Sacramento, CA 95811 (916) 855-5427 (916) 855-5448 Fax Email: <a href="mailto:sbadar@mhanca.org">sbadar@mhanca.org</a> Website: <a href="http://www.mhanca.org">www.mhanca.org</a> Contact: Sandena Badar, Family &amp; Youth Coordinator</p> <p>Service Location: 3331 Power Inn Road Sacramento, CA</p>	<p>Group classes, 10 weeks, Youth only 13 – 18 years</p>	<p>Fees: \$0</p>
<p>Middle Way Health 708 Alhambra Blvd, #100 Sacramento, CA 95816 (916) 492-9007 Contacts: Stephen B. Walker Colleen Tweed Wong, MFT1 Email: <a href="mailto:swalker@middlewayhealth.com">swalker@middlewayhealth.com</a></p> <p>Other location: 716 Alhambra Blvd Sacramento, CA 95816</p>	<p>Individual classes</p>	<p>\$75 - \$125</p> <p>Medi-Cal provider United Behavioral Health, Managed Health Network, Magellan, Blue Shield, Western Health Advantage, AETNA, Optun, United Health Care, Sutter Select</p>
<p>Mutual Assistance Network 811 Grand Avenue, Suite A-3 Sacramento, CA 95838 (916) 927-7694 Fax: (916) 564-8443 Contact: Danielle Lawrence, Director</p>	<p>Group classes 12 weeks</p>	<p>\$20 per session plus \$20 book fee</p>

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NAME	SERVICES	FEES
<p>Email: <a href="mailto:krobb@mutualassistance.org">krobb@mutualassistance.org</a> Web: <a href="http://www.mutualassistance.com">www.mutualassistance.com</a></p> <p>Location: Firehouse Community Center 810 Grand Avenue Sacramento, CA 95838</p> <p>Arcade Community Center 2300 Edison Ave Sacramento, CA 95821</p>		
<p>Osborn Group P.O. Box 308 West Sacramento, CA 95691 (916) 719-3832 Cell: (218) 760-9268 Email: <a href="mailto:tandiwae@hotmail.com">tandiwae@hotmail.com</a></p> <p>Location: 12344 Fair Oaks Blvd, Suite J Fair Oaks, CA 95628</p>	<p>Anger management classes, 10 weeks. Additional weeks if needed or required.</p>	<p>Individual: \$50/session Group: \$15/session One time fee of \$50 covers pre &amp; post assessment and workbook.</p> <p>Accepts Blue Shield and Atnea</p>
<p>PACE Individual &amp; Family Services Institute 4070 Bridge Street, Suite 1 Fair Oaks, CA 95628 (916) 844-7169 / (916) 803-4294 Contact: Floyd J. Sanders Email: <a href="mailto:changeofpaceservices@outlook.com">changeofpaceservices@outlook.com</a> Web: <a href="http://www.changeofpaceservices.com">www.changeofpaceservices.com</a></p>	<p>Classes 12 – 52 weeks</p>	<p>Individual: \$10 - \$25 Group: \$10 - \$25 Sliding scale</p>
<p>Positive Options Family Service 2400 Glendale Lane Ste G Sacramento, CA 95825 Office: (916) 973-2838</p>	<p>Anger Management classes 6 weeks</p>	<p>Individual: \$30/week</p>

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NAME	SERVICES	FEES
Fax/Cell: (916) 628-0883 Email: <a href="mailto:familymatters@positiveoption.org">familymatters@positiveoption.org</a> Contact: Nathaniel Wilson		
Redefining You Therapy 3105 1 <sup>st</sup> Avenue, Suite A Sacramento, CA 95817 (916) 956-6232 Fax (916) 476-3464 Email: <a href="mailto:info@redefiningyouththerapy.com">info@redefiningyouththerapy.com</a> Web: <a href="http://www.redefiningyouththerapy.com">www.redefiningyouththerapy.com</a> Contact: Ola Adams-Best, LCSW Peter Best	Anger management classes 12, 24, 52 weeks. Certificate of Completion included. Emphasis on basic communication skills, positive communication, identifying distorted thinking, active listening, coping with angry people, assertiveness vs. bullying	Individual: \$40 - \$40/session Group: \$25-\$30/session
Diane Roman, PhD, MFT 1000 G Street, #125 Sacramento, CA 95814 Office: (916) 340-4818 Cell: (916) 340-4818 Email: <a href="mailto:Mft4kids@mac.com">Mft4kids@mac.com</a> Web: <a href="http://www.therapistcalifornia.com">www.therapistcalifornia.com</a>	Anger management individual and group classes – 52 weeks	Group: \$45  Accepts Blue Shield, Blue Cross, MHN, Magellan, WHA
Rhythms of Empowerment Osborn Group P.O. Box 308 West Sacramento, CA 95691 (916) 719-3832 Cell: (218) 760-9268 Email: <a href="mailto:tandiwae@hotmail.com">tandiwae@hotmail.com</a> Web: <a href="http://www.servant-hearts.org">www.servant-hearts.org</a>  Contact: Tandy Bowman, C.A.M.P	Anger management classes, 10 weeks or more.	Individual: \$50/session One time fee of \$50 covers pre & post assessment and workbook.  Cash only – 20% discount when paid in full, payment plans available.

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Location: 12344 Fair Oaks Blvd, Suite J Fair Oaks, CA 95628		
Share Homes Family Service 9149 Elk Grove Blvd Elk Grove, CA 95624 (916) 714-1205 Email: <a href="mailto:ewood@sharehomes.org">ewood@sharehomes.org</a> Web: <a href="http://www.sharehomes.org">www.sharehomes.org</a> Contact: Eric Wood  Other Location:  210 N. School Street Lodi, CA 95240  211 E. March Lane, Suite Stockton, CA 95207	Anger management classes, 12 – 52 weeks	Individual: \$40 Group: \$25
Seeds for Intervention Educational Svcs Century Anger Management, #2131 P.O. Box 5761 Sacramento, CA 95817 (916) 236-9446 Contact: Floyd Seabron, II, Director Email: <a href="mailto:choicesandcontrol@yahoo.com">choicesandcontrol@yahoo.com</a>  Locations throughout Sacramento County	Classes 6 – 52 weeks	\$25/session \$75.00 per 6 hour class on weekends.
Terra Nova Counseling 5750 Sunrise Blvd Citrus Heights, CA 95610 (916) 239-6387 Contact: Kori Snyder	Victim's of crime counseling, anger management, classes 12 weeks.	Individual: \$50 Group: \$50  Accepts Blue Cross/

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Email: <a href="mailto:koris@terravacounseling.org">koris@terravacounseling.org</a> Web: <a href="http://www.terravacounseling.org">www.terravacounseling.org</a>  Other Locations:  1025 19 <sup>th</sup> Street, Suite 12 Sacramento, CA 95811  4700 Northgate Blvd, #122 Sacramento, CA 95834		Blue Shield
Darlene Viggiano, PhD, MFT 4200 N. Freeway Blvd, Suite 3 Sacramento, CA 95834 (916) 347-9232 Email: <a href="mailto:dbviggiano@gmail.com">dbviggiano@gmail.com</a>	Individual and group classes	Individual: \$130/hr. Group: \$65/hr.

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